

Our favorite resources, CD's and websites:
Websites

Aces Day (All Children Exercise Simultaneously) - www.projectaces.com

Action for Health Kids- Health-promoting schools that support sound nutrition and physical activity as part of a total learning environment.
www.actionforhealthykids.org

American Fitness Alliance - <http://www.americanfitness.net/>

American Alliance of Health, Physical Education, Recreation and Dance -
www.aahperd.org

American Association for Administrators - www.aasa.org

America on the Move a premier national program for encouraging Americans to move more and eat more healthfully. - www.americaonthemove.org

Brain Research and the Importance of Movement - www.brainresearch.com

California Physical Education Resources - www.stan-co.k12.ca.us/calpe/

Calcium Challenge by Cabot Cheese - www.calciumchallenge.com

Center for Disease Control and Prevention - Surgeon General's Report -
www.cdc.gov/default.htm
www.cdc.gov/youthcampaign/

Dole 5 a Day A leader in children's nutrition education and the 5 A Day for Better Health Program.
www.dole5aday.org

Education World - <http://www.education-world.com>

Fitness Jumpsite! Calorie Counter Calculator, Fitness Equipment and a Fitness Library
<http://primusweb.com/fitnesspartner>

Healthy People 2010 - www.healthypeople.gov

HealthySchools.net is a site that offers physical education and health teachers information, instruction and activities to improve health and wellness. -
www.healthyschools.net

Human kinetics – books related to physical education, recreation, dance, APE, and more – www.humankinetics.com

Kids' health - www.kidshealth.com

Know Bones About It! *Learning How the Body's Skeletal Muscle Groups Work*
<http://www.nytimes.com/learning/teachers/lessons/20010227tuesday.html>

Louisiana Department of Education - www.doe.state.la.us/lde/index.html

Moving Into the Future, National Standards for Physical Education
National Association for Sport and Physical Education, (NASPE). 1900 Association
Drive Reston, VA 20191 naspe@aahperd.org

National Association for Sport and Physical Education. - www.naspe.org.

New York Time Learning Network - <http://www.nytimes.com/learning/>

Nutrition Exploration Fun and easy ways to teach nutrition. -
www.nutritionexplorations.org/

P.E. 4 Life inspires healthy living by advancing the development of quality, daily
physical education for all children. - www.pe4life.org

P. E. Central - <http://www.pe.central.org/>

Physical Education Links - www.pelinks4u.org

PE-talk-digest - <http://www.lyris.sportime.com/pe-talk-index.html>

Promoting Physical Activity and Exercise among Children -
www.ed.gov/databases/ERIC_Digests/ed416204.html

Rubrics Generator - www.teach-nology.com

Sports Media - www.sports-media.org

United States Association of Blind Athletes - www.usaba.org

United States Olympic Committee (links to national governing bodies of sport) -
www.usoc.org

Physical education equipment – www.US-GAMES.com 800-327-0484

Books

COPEC (Council on Physical Education for Children). 1992. *Developmentally appropriate physical education practices for children: A position statement*. Reston, VA: national Association for Sport and Physical Education

COPEC (Council on Physical Education for Children). 1994. *Developmentally appropriate practice in movement programs for young children ages 3-5: A position statement*. Reston, VA: National Association for Sport and Physical Education

Craft, Diane H. and McCall, Renee M. 2000. *Moving with a purpose*. Champaign, IL: Human Kinetics

Graham, G. 1992. Teaching children in physical education: *Becoming a master teacher*. Champaign, IL: Human Kinetics

Gallahue, D. L. 1995. Motor development. In *Adapted physical education and sport*, edited by J. Winnick. Champaign, IL: Human Kinetics

Heiberger, Debra Wilson and Heiniger-White, Margot 2004. *S'cool moves for learning*. Shasta, CA: Integrated Learning Press

Kasser, Susan L. and Lytle, Rebecca K. 2005. *Inclusive physical activity a lifetime of opportunities*. Champaign, IL: Human Kinetics

CD's

Kimbo: Box 477, Long Branch, NJ, 07740

- ❖ Motor Skill Activity Fun
- ❖ Toddlerific
- ❖ All Time Favorite Dances
- ❖ Bean Bag Activities and Coordination Skills

Greg and Steve: Available at most teacher supply stores

- ❖ We All Live Together
- ❖ Fun and Games
- ❖ Kids in Motion
- ❖ Holidays and Special Times
- ❖ Big Fun
- ❖ On the Move
- ❖ Ready- Set- Move
- ❖ Kids in Action

Disney available at most music and discount stores

- ❖ More Dancing Tunes
- ❖ Mousersize

“Tony Chestnut and Fun Time Action Songs”. The Learning Station 800-789-9990
Available at most teacher supply stores.

“Jim Gill Sings-Do Re Mi” by Jim Gill Music, Inc. www.jigill.com

“Rainbow Planet Jim Valley and Friends” Rainbow Planet 5110 Crowell