



**By J.D. Hughes**

Best Selling author of *No Standing Around in My Gym: Creative Lesson Plans, Games, and Teaching Tips for Elementary Physical Education* (2002), *PE2theMax: Maximize Skills, Participation, Teamwork and Fun* (2005), *PE2theMax II: Stepping up the "Game" in Physical Education* (2008), *PE<sup>2</sup>: Double the Physical + Double the Education = Double the Fun* (2011), *HyPEd Up: Taking Physical Education Games to the Next Level* (2017), *HyPEd Up II: Physical Education Games to the Max* (2019), *PE2theMax's Greatest Hits* (2021), *Gymnastics and Scooter Skills Video Unit Flash Drive* (2023), and *Balloon, Scarf, Ball Handling, Noodle, and Super 70 Ball Skills Video Unit Flash Drive* (2024).

Ed.S, National Board Certified, and 2005 and 2015 GA Elementary PE Teacher of the Year and SHAPE Southern District Elementary PE Teacher of the Year

It is my privilege and pleasure to welcome and thank you for attending **PE2theMAX: Maximizing Skills, Participation, Teamwork and Fun**. It is my desire today to equip you with a more up-to-date look at what physical education has evolved into, which is an exciting and dynamic experience that all children need and deserve.

As physical education teachers, it is our job to promote and develop positive attitudes towards physical activity. Our task is challenging, teaching the value of physical activity and skills acquisition, while making physical education fun for all. Physical educators work hard, full days that leave very little time for creative thinking and lesson plan exploration. Often, teachers implement lessons and games that are fun to teach, but may be activities that fail to maximize participation, are developmentally inappropriate, or lack originality. Another problem is that some physical educators find their classes too large to even consider many physical education ideas, games, and activities. No question, these are just a few of the major problems facing many physical educators every day.

This stimulating assortment of fun-packed, educational games and ideas not only focuses on participation and involvement for the large class, but will intrigue, engage, and motivate your students for years to come. Today's presentations provide all inclusive, fun activities, which in turn minimize discipline problems and maximize participation.

Over my 30+ years of experience as a physical education specialist, I have developed, designed, or modified all the material presented. The games and activities presented are classroom-tested and have been used successfully with children ages 4 to 14. They maximize participation and ensure that every child is provided with numerous opportunities to succeed while learning basic fitness- and sport-related skills. I have focused special emphasis on many games and activities to include experiences that teach cooperation and encourage teamwork. These values are instilled through motivating and challenging activities that will have all children coming back for more.

May you have greater success in your physical education program and most importantly, the goal of seeing students getting physically fit and having some fun in the gym. God bless.

**(770) 778-4514 • [pe2themax@bellsouth.net](mailto:pe2themax@bellsouth.net)**

**Website: [www.pe2themax.com](http://www.pe2themax.com) • Twitter Handle: [@pe2themax](https://twitter.com/pe2themax)**

**Name:** J.D. Hughes

**Present Position:** Mirror Lake Elementary School Physical Education Lead Teacher (K-5)

<b>Educational Information:</b>	<b>College/University</b>	<b>Major</b>
• Bachelor's Degree	Bachelor of Science, Kennesaw State University, March of 1995	HPERD
• Master's Degree	Master of Education, State University of West Georgia, March of 1997	HPERD
• Specialists Degree	Specialist in Education, State University of West Georgia, May of 1999	HPERD
• National Board Certification ( <i>plus 2 renewals</i> )	National Board for Professional Teaching Standards, Arlington VA, November of 2001	HPERD

**Professional Experience:**

<b><u>Position</u></b>	<b><u>Location</u></b>	<b><u>Length of Service</u></b>
• Health and Physical Education	McEachern High School Cobb, GA	January of 1995 - June of 1995
• Physical Education	Arbor Station Elementary, Douglasville, GA	Fall of 1995 - 1997.
• Physical Education	Bright Star Elementary, Douglasville, GA	Opened Fall of 1997 - 2002.
• Physical Education	Mirror Lake Elementary, Villa Rica, GA	Opened Fall of 2002 – 2024; retired from public schools – 30.33 years.
• Physical Education	Harvester Christian Academy, Douglasville, GA	Fall of 2024 - present.

**Professional Affiliations:**

- Society of Health and Physical Educators (SHAPE)
- Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD)
- American Association for Active Lifestyles and Fitness (AAALF)

**Service/Honors in HPERD and other recognitions:**

- Outstanding Health, Physical Education and Recreation Student at Kennesaw State University, May of 1995
- Most Outstanding Specialist in Education Student in Physical Education at State University of West Georgia, April of 1999
- Outstanding Cooperating Teacher in Physical Education at State University of West Georgia, April of 2000
- Earned the award of Bright Star Elementary Teacher of the Year, August of 2001-2002 school year
- Named honorable mention in USA TODAY'S 2003 All-USA Teacher Team program, October of 2003
- Named Georgia Elementary Physical Education Teacher of the Year (GAHPERD), September of 2004-2005
- Georgia Association for Health, Physical Education Recreation and Dance Acknowledgement Award, Nov. 2012
- Share the Wealth Puckett-Merriman Physical Education Professional Award recipient, January of 2013
- Awarded \$4000.00 grant in 2013 from Fuel Up to Play 60 for a before-school F.I.T.T. Club for 2<sup>nd</sup>-5<sup>th</sup> Grade.
- Earned the award of Mirror Lake Elementary Teacher of the Year, May of 2013-2014 school year
- Named Georgia Elementary Physical Education Teacher of the Year (GAHPERD), October of 2014-2015
- Named Southern District Elementary Physical Education Teacher of the Year (SDAHPERD), November of 2014-2015

**Related Professional Activities:**

- |  |                          |
|--|--------------------------|
| • Teacher Support Specialist Douglas County/Dekalb County Collaboration  | Winter-Spring 2003       |
| • Supervising Teacher for State University of West Georgia students  | 1997 – 2024              |
| • Elementary Physical Education Chair for Georgia Association for Health, Physical Education, Recreation, and Dance (GAHPERD)              | Fall 2003 – 2005         |
| • S&S Worldwide Advisory Board to assist S&S with staying informed of the latest trends and practices in youth sports and fitness programs | Fall of 2003 – 2015.     |
| • Partnership with S&S Worldwide, Inc (Workshop and PE equipment sponsor)  | Spring of 2006 – Present |

**Publications/Presentations:**

- Published *No Standing Around in My Gym: Creative Lesson Plans, Games, and Teaching Tips for Elementary Physical Education*. This 8.5 x 11 paperback book is 168 pages in length and is published by Human Kinetics Publishers, Oct. of 2002
- Published *PE2theMax: Maximize Skills, Participation, Teamwork and Fun*. This 8.5 x 11 paperback book is 120 pages in length and is published by PE2theMax, July of 2005
- Published *PE2theMax II: Stepping up the "Game" in Physical Education*. This 8.5 x 11 paperback book is 100 pages in length and is published by PE2theMax, January of 2008

- Produced *The Best of No Standing Around in My Gym, PE2theMax Volumes 1 and 2 DVDs*. Both DVDs include 70+ minutes of hands-on footage plus lesson plans by J.D. Hughes and Silver Penguin Productions, June of 2009
- Published *PE<sup>2</sup>: Double the Physical + Double the Education = Double the Fun*. This 8.5 x 11 paperback book is 95 pages in length and is published by PE2theMax, July of 2011
- Produced *The Best of PE<sup>2</sup> and HyPEd Up Volumes 3 and 4 DVDs*. Both DVDs include 70+ minutes of hands-on footage plus lesson plans by J.D. Hughes and Silver Penguin Productions, September of 2013
- Published *HyPEd Up: Taking Physical Education Games to the Next Level!* This 8.5 x 11 paperback book is 120 pages in length and is published by PE2theMax, January of 2017
- Published *HyPEd Up II: Physical Education Games to the Max*. This 8.5 x 11 paperback book is 102 pages in length and is published by PE2theMax, January of 2019.
- Published *PE2theMax's Greatest Hits: Games Created to Maximize Skills, Participation, Teamwork, and Fun!* This 8.5 x 11 paperback book is 145 pages in length and is published by PE2theMax, August of 2021.
- Produced *Gymnastics and Scooters How-to Video Series*, published by PE2theMax, January of 2023.
- Produced *Balloon, Scarf, Ball Handling, Noodle & Super 70 Ball Skills How-to Video Series*, by PE2theMax, January of 2024.
- Co-published article *Fund-Raising Via a Fun Run* (pp. 62-64) in *Scholastic Coach and Athletic Director*, Aug. of 2007
- Published five games in *Great Activities*, A newspaper for elementary & middle school physical education teachers, 1998-2001.
- Presenter at the GAHPERD State Convention in Athens, GA, November of 2003
- Presenter at the Paulding County Elementary/Middle School Physical Education Staff Development, August of 2004
- Presenter at the GAHPERD State Convention in Athens, GA, September of 2004
- PE2theMax Workshop and staff development for all Douglas Co. Elem./Middle School PE staff, November of 2004
- PE2theMax Workshop sponsored by PlayFit Education, Philadelphia, PA, November of 2004
- PE2theMax Workshop sponsored by PlayFit Education, Grand Prairie, TX, March of 2005
- PE2theMax Workshop, Huntsville, AL, March of 2005
- PE2theMax Workshop, Savannah, GA, March of 2005
- Co-presenter with Don Puckett at the Bob Moore Spring Fling, Marietta, GA, March of 2005
- Co-presenter with Jane Doss at the Northwest District Teacher's Spring Workshop, Reinhardt College, April of 2005
- PE2theMax Workshop sponsored by PlayFit Education, Knoxville, TN, October of 2005
- Featured speaker at the FAHPERD State Convention in Orlando, FL, October of 2005
- PE2theMax Workshop sponsored by PlayFit Education, Cincinnati, OH, October of 2005
- Presented three sessions at the Michigan Assoc. of Public-School Academies (MAPSA), Detroit, MI, October of 2005
- Featured speaker at the LAHPERD State Convention in Baton Rouge, LA, November of 2005
- PE2theMax Workshop and staff development for all Douglas Co. Elem./Middle School PE staff, November of 2005
- PE2theMax Workshop at the GAHPERD State Convention in Columbus, GA, November of 2005
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2006
- PE2theMax Workshop and staff development for all DeKalb Co. Elem./Middle School PE staff, June of 2006
- Featured speaker at the Georgia Physical Education Teacher's Workshop, University of Georgia, June of 2006
- PE2theMax Workshop and staff development for Cobb County Elem./Middle School PE staff, August of 2006
- PE2theMax Workshop and staff development for all DeKalb Co. Elem./Middle School PE staff, August of 2006
- Featured speaker at the FAHPERD State Convention in Orlando, FL, October of 2006
- PE2theMax Workshop and staff dev. for all Houston County Elementary Physical Education staff, January of 2007
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2007
- PE2theMax Workshop for all Jacksonville St. University Majors & local Elem. PE teachers, AL, Feb. of 2007
- PE2theMax Workshop and staff development for Houston Co. Elem. and Middle School PE staff, March of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Education Company, Atlanta, GA, April of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, Savannah, GA, April of 2007
- PE2theMax Workshop, Emporia State University, KS, June of 2007
- Featured speaker at the Georgia Physical Education Teacher's Workshop, University of Georgia, June of 2007
- PE2theMax (2 day) Workshop, Panama City, FL, July of 2007
- PE2theMax Workshop, Corpus Christi, TX, August of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, Boston, MA, August of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, San Antonio, TX, Sept. of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, Austin, TX, Sept. of 2007
- Co-presenter with Don Puckett at the Southwest Georgia RESA 2-day Conference, Pelham, GA, October of 2007
- Featured speaker at the MAHPERD State Convention in Towson, MD, October of 2007
- PE2theMax Workshop, Glen Burnie, MD, November of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, Cherry Hill, NJ, Dec. of 2007
- PE2theMax Workshop sponsored by Cliff Carnes and The Ed. Company, Somerset, NJ, December of 2007
- One of seven featured keynote speakers at the Share the Wealth Conference in Jekyll Island, GA, January of 2008
- Featured speaker at the Kansas Enrichment Network Conference, Lawrence, KS, February of 2008
- PE2theMax Workshop for the Archdiocese of Philadelphia, PA, February of 2008

- PE2theMax Workshop at the J.A Henry YMCA in Chattanooga, TN, April of 2008
- Featured speaker at the Georgia Physical Education Teacher's Workshop, University of Georgia, June of 2008
- PE2theMax Workshop sponsored by The Ed. Company, Boston, MA, June of 2008
- PE2theMax Workshop at the Smyrna Community Center in Smyrna, GA, September of 2008
- PE2theMax Workshop for Camden County School System, Camden Co., GA, Oct. of 2008
- PE2theMax Workshop at the Shelby Co. Branch YMCA in Birmingham, AL, October of 2008
- Featured pre-convention workshop at the ArkAHPERD State Convention in Little Rock, AR, November of 2008
- PE2theMax Workshop for the New York Consortium, New York, NY, November of 2008
- PE2theMax Workshop for the Fulton Co. School System, GA, November of 2008
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2009
- PE2theMax Workshop for Jacksonville St. University Majors & local Elem. PE teachers, AL, Feb. of 2009
- PE2theMax Workshop for DeKalb County School System, DeKalb Co., GA, February of 2009
- PE2theMax Workshop at the Johnston Branch YMCA in Charlotte, NC, February of 2009
- PE2theMax Workshop at the Jeep Rogers Family YMCA in Columbia, SC, February of 2009
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, Feb. of 2009
- PE2theMax Workshop for the Davidson County School System, Lexington, NC, March of 2009
- Featured speaker at the Georgia Physical Education Teacher's Workshop, University of Georgia, June of 2009
- Featured speaker at the California Middle School PE Workshop, Fullerton, CA, July of 2009
- PE2theMax Workshop at the Downtown YMCA in Jackson, MS, September of 2009
- PE2theMax Workshop at the Alfred D. Mason YMCA in Memphis, TN, October of 2009
- PE2theMax Workshop sponsored by The Ed. Company, Harrisburg, PA, October of 2009
- Co-speaker w/ Melanie Champion for Coastal Plains RESA HPE 2-day Workshop at Valdosta St. Univ., GA, Oct. of 2009
- Presenter at the GAHPERD State Convention in Atlanta, GA, November of 2009
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2010
- PE2theMax Workshop and staff development for Gwinnett County K-12 PE staff, February of 2010
- PE2theMax Workshop at the Southeast Family YMCA in Montgomery, AL, February of 2010
- PE2theMax Workshop hosted by WAHPERD at the Univ. Wisconsin-Oshkosh, WI, Feb. of 2010
- PE2theMax Workshop at St. Eugene School in Chicago, IL, February of 2010
- PE2theMax Workshop at the Cool Springs YMCA in Nashville, TN, February of 2010
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and SPORTIME International, June of 2010
- Featured speaker at the West Georgia RESA Conference, Grantville, GA, June of 2010
- PE2theMax Workshop for the Shelby County School System in Memphis, TN, June of 2010
- Featured speaker at the Health and Physical Activity Institute at James Madison Univ., VA, July of 2010
- Featured speaker at the California Middle School PE Workshop, Fullerton, CA, July of 2010
- PE2theMax Workshop for the Milan Special School District in Milan, TN, July of 2010
- PE2theMax Workshop w/ Chip Candy for the Prince William Co. School System in Manassas, VA, July of 2010
- PE2theMax Workshop at the North River Family YMCA in Chattanooga, TN, October of 2010
- PE2theMax Pre-Convention Workshop for the Tennessee AHPERD in Murfreesboro, TN, October of 2010
- PE2theMax Workshop for the Troup County School System in LaGrange, GA, November of 2010
- PE2theMax Workshop for Greenwich Academy, Greenwich, CT, November of 2010
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2011
- Featured speaker (5 Sessions) at the Shelby County School District Learning Day, TN, February of 2011
- PE2theMax Workshop at Madison Academy in Huntsville, AL, February of 2011
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, Feb. of 2011
- PE2theMax Workshop for Oklahoma City Schools for Healthy Lifestyles, OK, April of 2011
- Featured speaker at the Georgia Physical Education Teacher's Workshop, University of Georgia, June of 2011
- PE2theMax Workshop for Cherokee Nation Healthy Nation in Tulsa, OK, June of 2011
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and SPORTIME International, June of 2011
- PE2theMax Workshop for the Milan Special School District in Milan, TN, July of 2011
- PE2theMax Workshop for the Memphis City School System in Memphis, TN, July of 2011
- Featured speaker at the California Elementary Physical Education Workshop in San Luis Obispo, CA, July of 2011
- Featured speaker at the White Plains Physical Education Conference in White Plains, NY, Nov. of 2011
- Featured speaker at the Let's Play (Physical & Lifelong Activity for Youth) Conference, Okemah, OK, Dec. of 2011
- PE2theMax Workshop for the Wall School District, Wall, NJ, January of 2012
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2012
- \*Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, Mar. of 2012
- PE2theMax Workshop hosted by WAHPERD at the Univ. Wisconsin-River Falls, WI, April. of 2012
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and SPORTIME International, June of 2012
- Part I of PE2theMax Workshop for the El Paso School District in El Paso, TX, June of 2012
- PE2theMax Workshop for the Schools for Healthy Lifestyles, Oklahoma City, OK, July of 2012

- PE2theMax Workshop for the Cullman County School District in Cullman, AL, June of 2012
- Part II of PE2theMax Workshop for the El Paso School District in El Paso, TX, August of 2012
- PE2theMax Workshop for the Bolles School in Jacksonville, FL October of 2012
- Presenter at the GAHPERD State Convention in Savannah, GA, November of 2012
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2013
- PE2theMax Workshop for the Northeastern District HPERD, Chicago, IL, March of 2013
- Featured speaker at the University of Wisconsin-River Falls Physical Ed. Workshop, WI in April of 2013
- PE2theMax Workshop for the Henry County School District in McDonough, GA June of 2013
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and SPORTIME International, June of 2013
- PE2theMax Workshop for the Escambia County School District in Pensacola, FL August of 2013
- PE2theMax Workshop, Emporia State University, KS, September of 2013
- Presenter at the GAHPERD State Convention in Atlanta, GA, October of 2013
- Featured speaker at the ArkAHPERD State Convention in Little Rock, AR, November of 2013
- PE2theMax Workshop for the Wall School District, Wall, NJ, November of 2013
- Featured speaker at the Alabama AHPERD State Convention in Tuscaloosa, AL, November of 2013
- PE2theMax Workshop for the Wall School District, Wall, NJ, January of 2014
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2014
- PE2theMax Workshop for the Killeen County School District, Killeen, TX, January of 2014
- PE2theMax Workshop for the Bolles School in Jacksonville, FL, March of 2014
- PE2theMax Workshop for the Anoka-Hennepin ISD, Anoka, MN, April of 2014
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD, June of 2014
- Featured speaker at the AUM Summer Workshop in Montgomery, AL, June of 2014
- PE2theMax 2-day Workshop for the Katy Independent School District, Katy, TX, August of 2014
- Featured speaker at the Southwest Virginia VAHPERD Workshop in Roanoke, VA, September of 2014
- Featured speaker at the New York State Suffolk Zone Conference in New York, NY, Nov. of 2014
- Featured speaker at the New York State AHPERD Convention in Verona, NY, Nov. of 2014
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2015
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, Mar. of 2015
- Presenter at the SHAPE America National Convention & Expo in Seattle, WA, March of 2015
- PE2theMax Workshop for Greenwich Country Day School, Greenwich, CT, April of 2015
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD, June of 2015
- Featured speaker at the 4-H Center Summer PE Conference in Columbiana, AL, July of 2015
- Featured speaker at the Health and Physical Activity Institute at James Madison Univ., VA, July of 2015
- PE2theMax (six hour) Workshop for the University of Texas at Tyler, TX, October of 2015
- Presenter at the GAHPERD State Convention in Atlanta, GA, October of 2015
- Featured speaker at the New York State Southeastern Zone Conference in New York, NY, Nov. of 2015
- PE2theMax Workshop for the LAHPERD Pre-Convention in Baton Rouge, LA, November of 2015
- Featured speaker at the South Carolina State AHPERD Convention in Myrtle Beach, SC in Nov. of 2015
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2016
- Presenter at the Southern District SHAPE Convention in Williamsburg, VA, February of 2016
- PE2theMax Workshop for the Cobb County, GA School District, March of 2016
- PE2theMax Workshop for the Buncombe County School District, Asheville, NC, April of 2016
- Presenter at the SHAPE America National Convention & Expo in Minneapolis, MN, April of 2016
- Featured Speaker at the Camp Caesar PE Conference in West Virginia, May of 2016
- Presenter at the Denver Public Schools Summer Institute in Denver, CO, June of 2016
- PE2theMax Workshop for the Tyler Independent School District, Tyler, TX, July of 2016
- Featured speaker at the California Middle School PE Workshop, Fullerton, CA, July of 2016
- Presenter at the National Physical Education & School Sport Institute in Asheville, NC, July of 2016
- PE2theMax Workshop for the Hillsborough Township School District, NJ, Sept. of 2016
- Featured speaker at the NJAHPERD Lake Conference, Hardwick, NJ, October of 2016
- PE2theMax Workshop for the Columbia County School District, GA, Nov. of 2016
- Featured speaker at the New York State AHPERD Convention in Verona, NY, Nov. of 2016
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2017
- Featured speaker at the Medford Public School District Workshop, NJ, February of 2017
- PE2theMax Workshop for Putnam City Schools, War Acres, OK, February of 2017
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, Mar. of 2017
- Featured speaker at the GAHPERD Northwest District Workshop, Carrollton, GA, May of 2017
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD, June of 2017
- PE2theMax Workshop for the Metro Nashville Public School District, TN, August of 2017
- PE2theMax Workshop for the Stillwater Public School District, MN, August of 2017



- PE2theMax Workshop for the Anderson County Public School District, SC, August of 2017
- Presenter at the GAHPERD State Convention in Athens, GA, October of 2017
- PE2theMax Workshop for the Clayton Co. Public School District, GA, Oct. of 2017
- PE2theMax Workshop for the Martin Co. West Palm Beach Public School District, FL, Nov. of 2017
- PE2theMax Workshop for the Hardin County Public School District, TN, Nov. of 2017
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2018
- PE2theMax Workshop for the Chapin and Brearley School, NY, March of 2018
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and KSU, June of 2018
- PE2theMax Workshop for the Clarksville-Montgomery County School System, TN, June of 2018
- PE2theMax Workshop for the Atlanta Public School System, GA, Oct. of 2018
- Presenter at the GAHPERD State Convention in Athens, GA, October of 2018
- Featured speaker at the WVAHPERD Annual Conference, Charleston, WV, Oct. of 2018
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2019
- PE2theMax Workshop for the Whitfield County School System, GA, Feb. of 2019
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, March of 2019
- VIP Physical Education Workshop with Cap'n Pete, PEPalooza and PE2theMax, Marietta, GA, March of 2019
- PE2theMax Workshop for the Miami Archdiocese, Miami, FL, March of 2019
- Featured speaker at the Let's Play (Physical & Lifelong Activity for Youth) Conference, Okemah, OK, March. of 2019
- Presenter at the Robert Moore Summer Institute; Sponsored by GAHPERD and KSU, June of 2019
- PE2theMax Workshop for the Germantown Public School System, TN, July of 2019
- VIP Physical Education Workshop with Cap'n Pete, PEPalooza and PE2theMax, Irmo, SC, October of 2019
- PE2theMax Workshop for the Saint Mary's School and surrounding district, San Antonio, TX, November of 2019
- PE2theMax Workshop for the Southwest Georgia RESA Conference, Camilla, GA, December of 2019
- PE2theMax Workshop for the Tupelo Public School District, Tupelo, MS, January of 2020
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2020
- PE2theMax Workshop for the Tuscaloosa Co. Public Schools, Tuscaloosa, AL, February of 2020
- Game Changer Physical Education Workshop with PEPalooza and PE2theMax, Cleveland, TN March of 2020
- PE2theMax Workshop for the Hillsborough Township School District, NJ, October of 2021
- Featured speaker at the South Carolina State AHPERD Convention in Myrtle Beach, SC, Nov. of 2021
- PE2theMax Workshop for the Bradley County School System, TN, January of 2022
- PE2theMax Workshop for the Lawrence County School System, TN, January of 2022
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Paulding County Schools, February of 2022
- PE2theMax Workshop for the Germantown/Collierville City School Districts, TN, February of 2022
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, March of 2022
- \*PE2theMax Workshop in collaboration with the GA Dept. of Education – DeKalb County Schools, March of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Fulton County Schools, March of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Cherokee County Schools, May of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Atlanta Public Schools, June of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Bibb County Schools, July of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Henry County Schools, July of 2022
- PE2theMax Workshop for the Eagle Mountain Saginaw Independent School District, Fort Worth, TX, August of 2022
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Coastal Plains RESA, August of 2022
- PE2theMax Workshop for the Anoka-Hennepin School District, Anoka, MN, November of 2022
- PE2theMax Workshop for the Winston-Salem/Forsyth County Schools, NC, January of 2023
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2023
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, March of 2023
- PE2theMax Workshop for Jacksonville St. University Majors & local Elementary PE teachers, AL, April of 2023
- PE2theMax Workshop for the Robertson County School District, Springfield, TN, June of 2023
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Richmond County Schools, July of 2023
- PE2theMax Workshop for the Katy Independent School District, Katy, TX, August of 2023
- PE2theMax Workshop for the Amarillo Independent School District, Amarillo, TX, August of 2023
- PE2theMax Workshop for the Duval County School District, Jacksonville, FL, August of 2023
- PE2theMax Workshop in collaboration with the GA Dept. of Education – Savannah-Chatham Schools, Sept. of 2023
- PE2theMax Workshop for the Paulding County School District, January of 2024
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2024
- Featured speaker at the DuPage Co. Physical Education, Health, & Driver Ed. Institute in Naperville, IL, March of 2024
- PE2theMax Workshop for the Southwest Georgia RESA, March of 2024
- PE2theMax Workshop Summer Professional Learning for DeKalb County Schools, GA, June of 2024
- PE2theMax Workshop for the Fayette County School District, GA, October of 2024

- PE2theMax Keynote Speaker and Workshop for the Tennessee AHPERD in Murfreesboro, TN, October of 2024
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2025
- PE2theMax Workshop for the Coordinated School Health Institute, Nashville, TN, March of 2025
- Featured speaker at the GAHPERD Summer Institute, College Park, GA, May of 2025
- PE2theMax Workshop for the Fayette County School District, GA, July of 2025
- PE2theMax Workshop for the Fayetteville City School District, TN, July of 2025
- PE2theMax Workshop for the Cumberland County School District, TN, August of 2025
- PE2theMax Workshop for the St. Johns County School District, St. Augustine, FL, September of 2025
- Featured speaker at the GAHPERD State Convention in Athens, GA, October of 2025
- PE2theMax Workshop for the Columbia County School District, GA, October of 2025
- PE2theMax Workshop for Greenwich Academy, Greenwich, CT, October of 2025
- PE2theMax Workshop for the Bradley County School District, TN, January of 2026
- Featured speaker at the Share the Wealth Conference in Jekyll Island, GA, January of 2026
- PE2theMax Workshop for the Germantown/Collierville City School Districts, TN, February of 2026
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### **You will learn at J.D. Hughes' PE2theMax Workshop....**

- A. a variety of enjoyable, all-inclusive physical activities, designed to build self-confidence, and promote cooperation, fair play, and responsible participation, while encouraging lifetime fitness pursuits.
- B. more activities that are action-packed, providing lots of choices and opportunities to challenge your students with countless opportunities for success, no matter the skill level.
- C. to move from comfortable, familiar, and functional physical education to movement education instruction that is rich with opportunities to engage children with fun, challenging, and dynamic experiences.
- D. fun, movement and skill-based games, provided in a context of realistic situations that promote the skills of communication, cooperation and personal responsibility, while learning to apply critical thinking and problem solving; crucial life-skills that are necessary to allow all of us to think for ourselves and be productive human beings. Incorporating these skills in games is the perfect way to teach for transfer by providing children with a hands-on approach to practicing and learning skills of this nature.
- E. to implement games that go beyond exhibiting rote memorization of performing skills to games and activities that present problems, thus requiring students to learn how to brainstorm, collaborate, put into action and evaluate strategies in order to be successful.
- F. to take advantage of the opportunities, especially after attending this workshop, to relate the game's challenges to some real-life situations that students may encounter one day.

### **Testimonials:**

"J.D. Hughes has the C.L.U.E. for success. His presentations demonstrate the Compassion, Love, Understanding and Enthusiasm needed to be a master teacher. He is a teacher of teachers and an advocate for the total development of every child. J.D.'s fast paced, inspiring and fun presentations provide practical activities that enhance child development and leave teachers excited about the next day."

Don Puckett

National Elementary School Physical Education Consultant

"J.D. conducts one of the most versatile workshops I've seen at the elementary level...I feel his elementary physical education program is the best I have seen in my 35 years of teaching!"

Ronnie Akers

Reinhardt College, Waleska GA

"J.D.'s presentations actively engage teachers utilizing various teaching techniques and strategies...that support the SHAPE Standards and utilize many of the Adventure Education tenants of cooperation, teamwork, decision making, and problem solving."

Mark Anderson

Supervisor of Health and Physical Education, Cobb County, GA