



# Golf on a Budget in Your P.E. Class



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# Intro

Want to teach golf in your  
P.E. class, but low on funds?

We've got you!

"Temu Tee-Off"

These lessons are ideal for  
grades 1-8

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# First Lesson

Before you let the littles touch a club, you must start with basic tossing skills.

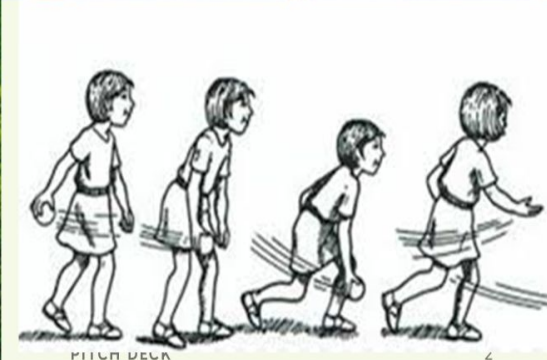
Keep in mind, this is the same movement of the putter action.

Using equipment you already have, how do you teach this skill?

## TOSSING SKILLS

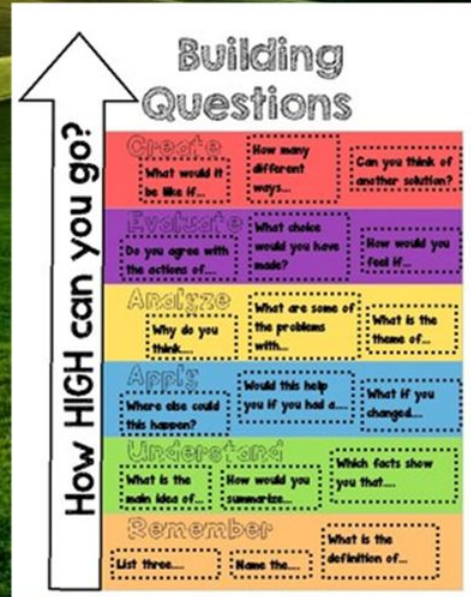
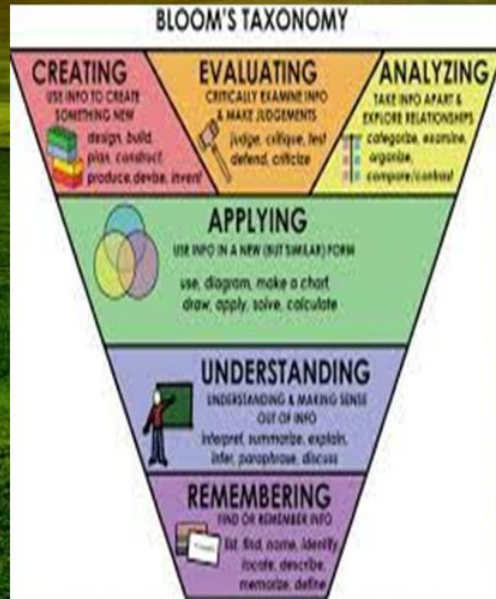


## UNDERHAND THROWING



## RESEARCH

After teaching a hole layout, let your students DESIGN and CREATE their own hole...then play it.  
ANALYZE their design and reconstruct as needed.



<https://egcsd.org/2020/12/07/goff-middle-school-transforms-gym-into-mini-golf-course/>





## RESEARCH

## DESIGN

After teaching a hole layout, let your students  
DESIGN and CREATE their own hole...then play it.  
ANALYZE their design and reconstruct as needed.



<https://www.swww.com/blog/mini-golf-lesson-for-physical-education/>

<https://firsttee.org/bring-golf-to-school-teachers/>







<https://share.google/image/s/h4r8gc5qkyuQMLn0O>

Create a course



TOP GOLF

TOP GOLF







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## Grants

In keeping with LAHPERD's goal to support and encourage professionals as they seek to develop and conduct school and community programs in Health, Physical Education, Recreation and Dance, LAHPERD has announced the availability of \$2,500.00 in the form of mini-grants. These funds can be used for such things as equipment, special projects, travel, workshops, or substitute pay. Grant proposals must promote the interests of LAHPERD and will be judged by the following criteria:

1. Applicants must be LAHPERD members in good standing. This includes being a professional member the last two consecutive years.
2. The project must relate to Health, Physical Education, Recreation and/or Dance.
3. Projects must benefit students in Louisiana PK-12 schools.
4. Projects judged on degree of innovation and creativity.
5. Projects must supplement or enhance the existing school curriculum.
6. Projects must be approved by the Grant Committee.
7. Successful applicants may not apply for another two (2) fiscal years.

### [Mini-Grant Application](#)

Send completed application forms to:

**Christina Courtney**

[cvilla3@lsu.edu](mailto:cvilla3@lsu.edu)

225.362.7824

### Quick Links

[Join LAHPERD Today](#)[Justification Information and Letter to Attend the Louisiana Association of Health, Physical Education, Recreation and Dance \(LAHPERD\) State Convention](#)[2025 LAHPERD Convention - Save the Date!!](#)[LAHPERD 2025 Awards - Nominate Someone Today!](#)[2024 LAHPERD Award Recipients](#)[2023 Louisiana Association of Principal's Fall Conference](#)[I-49 Round-up - LAHPERD PE Workshop - July 11, 2023 at LSUA](#)["I-20 Round Up Brings Innovative Teaching Ideas to North Louisiana"](#)

# Today's games

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- Tic-Tac-Putt
- Bowl-o-Putt
- Poly Putt- (frisbee golf to putt)
- Twist-o-Putt
- First Tee Putt activities
- TOP GOLF (parachutes)
- Create a hole (jump rope dogleg, use whatever you have!)
- Green mats Temu-Tee off (small space putt games)





# First Tee

## First Tee Accessories

## First Tee Program



## School Program

### One Bag Equipment Inventory



Balls QTY: 48



Equipment Carriers QTY: 1



26" Right Wedge - Yellow QTY: 6  
26" Left Wedge - Yellow QTY: 2



26" Putter - Yellow QTY: 4



30" Right Wedge - Blue QTY: 6  
30" Left Wedge - Blue QTY: 2



30" Putter - Blue QTY: 4



34" Right Wedge - Red QTY: 2  
34" Left Wedge - Red QTY: 1



34" Putter - Red QTY: 2



Flag QTY: 2  
(base, flagstick holder, pole & flag)



Rectangle Target QTY: 2



Bulls-eye Target QTY: 2



Tee Mat QTY: 8



Tees QTY: 24