

Tentative Schedule of Programs - 2011 LAHPERD Convention

Pre-Convention Workshops – Wednesday – November 2

Physical Education – Held at Episcopal HS

9:00 – 12:00 - Robert Pangrazi – “Quality Teaching: It’s About Passion and Proper Methodology”

1:00 – 4:00 - Jean Blaydes – “Building Better Brains Through PE”

9:00 – 4:00 - Archery Instruction (LA Department of Wildlife & Fisheries)

Recreation & Leisure – Held at Baton Rouge Beach (LSU Campus Lake)

12:00 – 3:00 – Kayaking

3:00 – 4:00 - YOLO Boarding

Physical Education

Dyna Bands

Autism and the Teacher

H²: Holiday Hoopla – The Sequel

Fuel Up to Play Training Camp

“Spring Into Sport Stacking with Speed Stacks”

CrossFit Kids: Forging the Future of Fitness

Wheelchair Sports

Super Seasons: Sharing Activities for APE

Get Sweaty!

There Really is an App for That

APE Roundtable

“Fire Up...Push Up...Stack Up!: Fitness Stacking with Speed Stacks!”

Why Don’t We Just Dance?

APE, AT and Me!

Movin’ Outside the Box

Participating Coordinated School Health Business Meeting

Skillastics Kits Instant Activities

Let’s Move with SMART

“Soar Into Fitness: Sport Stacking with Speed Stacks!”

CrossFit: A progression of fitness

Let’s Move in School: Join the Movement

Basic Disk Golf Fun

Hoop Dancing Fitness with Nola Hooping – Fitness & Fun for all levels, ages and sizes

Tchoukball: A Game for all

Health

Coordinated School Health in Louisiana: Improving the Lives of Students and their Families

Teaching School Fire Safety

Health Care Reform: Implications for Health Promotion

Effective Health Education Teaching Strategies
Settings, Careers, and Advanced Degrees in Health Promotion and Wellness
Basics of Health-Related Physical Fitness Assessments
Louisiana Coordinated School Health Business Meeting
Prescribing Exercise to Enhance Cognitive Function and Mental Health
The Health of a Worker Bee
Promoting Healthy Youth, Schools and Communities: Developing School Health Advisory Councils
Wings to Wellness – Earn Your Wings!
Greaux Smart Bodies
CrossFit: A progression of fitness
Louisiana Tobacco-Free College Initiative: A Panel Discussion
Fit Camp for Kids
From the Couch to a 5-K

Sport and Leisure

Soccer
Treating Common Injuries
Taping and First Aid Techniques
How to Develop a quality track and field
Yoga: Just what the doctor ordered!
Symposium Panel: What my internship means to me
Internships = Education²
Tennis
The First Tee and SNAG Golf Program
Girls on the Run: Helping girls take charge of their lives and define the future on their terms
Exploring the water world of Louisiana
Seven secrets of world-class practice
ACL Injuries in Female Athletes

General

JumpRope with a Twist – Partner & Long Rope Activities
Why Certify?
PEP Grant: The Impact of the Grant in Caddo Schools
Quality Physical Education: The Five for Life Way!
Super Stars
TRSL: Your Retirement Benefits Explained
Tips on Event Planning for Jump/Hoops for Heart
Project Fit America
Obesity Camp for Youth

Dance

Hip Hop: the Art Form, the Technique and the Lifestyle
Dancing Classrooms
Tinikling for Tots
Why Don't We Just Dance?
The Language of Dance
Shuffle Off to Buffalo

Kaleidoscope